



Learning to *FLY*

Ready for School
Ready for Life



Get Set for School!

Insight Early Learning offers pre-school aged children a comprehensive and holistic Transition to School program called **Learning to Fly, Ready for School, Ready for Life**. Our program is essential to each child's learning journey and supports children's future schooling success.

Insight School Readiness Program is developed based on the Early Years Learning Framework (EYLF) with reference to the Australian Curriculum. This is embedded into the weekly curriculum and everyday practices.

Our team of University qualified teachers and Diploma qualified educators are responsible for integrating the foundations of the Early Years Learning Framework into our learning contexts. This ensures that your child's learning outcomes are met, and their strengths, capabilities, culture, interest and current skills and knowledge are respected.

In addition, our teams undergo regular professional and teaching development programs to ensure that practices are consistent with industry best practices. At the very heart of the Insight School Readiness Program is the view that early childhood is a time for exploring notions of "being", "belonging", and "becoming". These are essential to developing inquirers, knowledgeable thinkers, communicators, open-minded and caring risk-takers, and balanced and reflective learners.

The Roadmap to School Readiness



Begin planning for school

Starting school is a big milestone! Our Roadmap to School Readiness supports families every step of the way, ensuring children feel confident, capable, and ready for this next big adventure.

1

Free School Readiness Pack

Every child starting in our School Readiness Program will receive a **free School Readiness Pack**, including:

- Backpack
- Polo
- Bucket hat

2

Term 1 Goal Setting

Meet teachers, tour the room, set goals, and share support needs

3

Term 2 Mid-Year Summary & Guest Speaker

Review progress, reset goals, attend guest teacher session on school readiness.



4

Term 3 Teacher Interviews & Excursion

Attend interviews, reset goals, and join a school excursion.

5

Term 4 Packed Lunch, Reports & Graduation

Packed Lunch Program, transition reports, parent workshop, Graduation & Visits Passport.

6

Begin School

As your child begins school, know that we're here to support a smooth transition and celebrate this exciting next chapter with you.

What Families Can Expect Throughout the Year

Alongside our School Readiness Program, families can look forward to:

- Daily Updates on your child's learning and experiences
- Learning Stories capturing key moments in your child's development
- Celebrations & Special Events for cultural days, milestones, and achievements
- Excursions & Incursions to extend learning beyond the classroom
- Regular Newsletters to keep you connected and informed





Insight School Readiness Program

Insight School Readiness Program utilises a play- based learning context that encourages a range of positive developmental skills such as cognitive skills, social and emotional skills, communication skills, self-management skills and research skills.

“Play-based learning approaches allow for different types of play and recognise the intentional roles that both children and educators may take in children’s learning. When children play with other children and interact with adults, they create relationships and friendships, test out ideas, challenge each other’s thinking and build new understandings.”

(EYLF V2.0, ACECQA, 2022)

Our program acknowledges the primary and critical influence families have in their children’s lives and understand that effective relationships between educators and families are fundamental to achieving quality outcomes for preschool children. To support this relationship, we will provide regular information about our Insight School Readiness Program program and provide your family with ongoing opportunities to contribute to our curriculum. Our educators will discuss your child’s readiness to starting school and support you to help develop their Transition to School skills at home. The transitioning to ‘Big School’ is an exciting time in your child’s life. Together, we can make the transition from “little school” to “big school” smooth and exciting. Our goal is to ensure your child is fully prepared in every way possible to successfully transition to the school environment and have the foundations for becoming a lifelong learner.

Term 4 Pack Lunch Program

As part of our commitment to supporting children's transition to school, we will be implementing a packed lunch program during the final four weeks of Term 4. Families are only required to provide a lunch box, while our chef will prepare nutritious meals designed to reflect the school experience.

The purpose of this initiative is to help children gradually develop the independence and self-help skills they will need when entering a school environment. By managing their lunch box, organising food across the day, and practising tasks such as opening packets and containers, children build practical skills that support their confidence and wellbeing. This hands-on experience directly contributes to school readiness by reducing anxiety around mealtimes and fostering resilience in new routines.

Families will also receive practical lunch box ideas and regular updates on the foods their child enjoys. This ensures families feel supported with inspiration and guidance while promoting consistency between home and the early childhood setting. At Insight, we are proud to provide experiences like these that prepare children for a smooth, confident transition to school.



Moving On Up Program

The Moving On Up Program at Insight is designed to ensure smooth, supported transitions as children progress through each stage of their early learning journey—from babies to toddlers, toddlers to preschool, and preschool into the School Readiness Program. Each transition is intentionally planned, with a focus on building relationships, developing confidence, and supporting children to adapt to new routines.

For children who attend Insight throughout their early years, this program provides a comprehensive record of development. Year by year, educators and families can observe how each child grows—socially, emotionally, and academically—creating a clear picture of progress over time.

At Graduation, these achievements are brought together in a meaningful celebration. Families are able to reflect on their child's full journey with Insight, recognising milestones, celebrating accomplishments, and affirming their readiness to move confidently into their school years.

At Insight, we are proud to partner with families every step of the way, celebrating each milestone and preparing children for their next chapter with confidence.



Our Commitment to Child Safety



Insight is committed to upholding the Child Safe Standards, ensuring our environments are safe, inclusive, and empowering for every child. We achieve this by embedding strong safeguarding practices, maintaining vigilant supervision, and fostering a culture where children's voices are heard and respected. Our educators undertake regular training and are committed to building secure, trusting relationships that protect children's rights and wellbeing.

Within the school readiness program, we integrate body safety education in a developmentally appropriate and sensitive way. This includes teaching children about personal boundaries, the right to say "no," recognising safe versus unsafe behaviours, and identifying trusted adults they can turn to if they feel uncomfortable. These practices not only safeguard children but also strengthen their resilience and self-advocacy skills.

By embedding child safety into everyday practice, Insight provides families with reassurance that children are nurtured in environments where they are respected, protected, and empowered. This aligns with the Child Safe Standards, the National Quality Standard, and our philosophy of preparing children for lifelong safety and wellbeing.

“Every child has the right to feel safe, respected, and protected in every moment of their learning journey.”

LEARNING EXPERIENCES

01

LITERACY

Literacy experiences help create confident communicators, imaginative thinkers and informed citizens. It is through literacy experiences that children learn to analyse, understand, communicate and build relationships with others and with the world around them.

Literacy experiences also play a vital role in developing pre-reading and writing skills. Some examples of literacy experiences Insight Early Learning offer include:

- Assist children in recognising their name in various print- name cards, locker, identifying their name on clothing, or even signing on books each morning.
- Provide a library within Insight Early Learning for children and families to borrow quality texts regularly.
- Expose children to quality texts through shared reading experiences where they learn to listen to the author's voice and engage in discussions about the text.
- Develop print awareness- the understanding of how books work. Model how to read a book drawing their attention to print within the book.
- Create writing centres for children to experiment with various materials to help develop fine motor skills.





02

STEM

STEM refers to the integrative exploration of Science, Technology, Engineering and Mathematics. These are essential areas that foster children's knowledge, understanding and problem-solving skills needed to influence scientific and technological developments through innovation, helping to prepare them to participate in a rapidly changing world.

03

CREATIVE ARTS

Creative Arts has the capacity to inspire, engage and enrich all children's learning by exciting the imagination and encouraging them to reach their creative and expressive potential. Creative Arts experiences encourage children to explore how to create, design, represent, communicate and share their imagined and conceptual ideas, emotions, observations and experiences.

04

PHYSICAL DEVELOPMENT

Physical development is the acquisition of movement skills, concepts and strategies that allow children to participate in a range of physical activities confidently and competently. Children develop the knowledge, understanding, and skills to support them in being resilient, creating a strong sense of self, and making health-enhancing decisions about their health and wellbeing. We are committed to supporting the Australian 24-Hour Movement Guidelines for the Early Years (birth to 5 years): An Integration of Physical Activity, Sedentary Behaviour into our curriculum.

05

SOCIAL AND EMOTIONAL

The development of Social and Emotional skills helps to support children's emerging capacity to experience, regulate and express a range of emotions, build close relationships with other children and adults, and provide them with the confidence to explore their environment and learning. We incorporate a social skills program across all curriculum areas to teach the children about greeting others, turn-taking, sharing, dealing with feelings and solving problems.



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VS

PRESCHOOL

Approved 4 year old
School Readiness Program

School Readiness Program
delivered by Bachelor qualified
educators

Follows the Early Years Learning
Framework curriculum meeting
national standards

Flexibility of drop-offs and pick
ups

Nutritious meals and snacks
included in daily fees

Operates throughout the
calendar year, including school
holidays, providing continuous
learning experiences

Children can attend the centre
from a younger age, fostering a
deeper understanding of their
strengths, development, and
interests for educators.

Approved 4 year old
kinder program

Kindergarten program delivered
by Bachelor qualified educators

Follows the Early Years Learning
Framework curriculum meeting
national standards

Programs offered at set times
only

Need to provide all lunch and
snacks

School terms only

Limited age eligibility



Our extended hours also mean that the number of hours of quality early education that your child is exposed to is extended. This is one of the most important keys to unlocking your child's full potential and making a difference in their developmental outcomes.

THE ADVENTURE BEGINS



PARENT-TEACHER INTERVIEWS

As parents, we understand that you play a crucial role in your child's education. That's why we offer parent-teacher interviews as a valuable opportunity for us to connect and discuss your child's progress and development. During these interviews, you will have dedicated time to sit down with your child's teacher and engage in meaningful conversations. It's a chance for you to share your insights, ask questions, and gain a deeper understanding of your child's academic, social, and emotional growth.

Our dedicated teachers will provide valuable feedback, highlighting your child's strengths, challenges, and areas for improvement.

They will share observations, assessments, and strategies to support your child's continued development. We encourage you to actively participate in these interviews and come prepared with any questions or concerns you may have.

Your input is invaluable, as you have unique insights into your child's experiences at home and can contribute to their overall learning journey. We are excited to engage in these conversations with you and strengthen the bond between home and school.

By working together, we can create a nurturing environment that supports your child's holistic development and helps them thrive.

PARTNERSHIP WITH SCHOOLS

Early childhood educators and families can make valuable contributions to collecting information about children's learning and development. To ensure continuity of learning and development, sharing information about each child with their future teachers is essential. Your child's educator will have a sound understanding of your child's long-term learning and have a deep knowledge of what support needs to be provided to promote further progress.

Each state has different regulations and requirements for sharing information between services. Insight Early Learning is aware of the various types of transition documents and the process of sharing information. Any information shared will require permission from you. The Transition to School document is completed toward the end of the year in collaboration with educators, yourself and the child. An informal meeting with each family will be planned and communicated clearly to help prepare this document.

In addition to the Transition to School document, our educators liaise with local school teachers and incorporate their feedback and expectations into our Insight Kinder program. We also invite these teachers to visit the centre and learn about our program. In return, children are invited to visit the local school and participate in some of their events. This allows children to experience the school environment.



FAMILY INFORMATION SESSION

We aim to ensure all families in Insight Early Learning receive the same information about transitioning to school.

An informal parent information session will be held annually, which provides an opportunity for families to discuss any concerns with other parents and develop relationships with other families at the centre.

This provides an opportunity for Insight Early Learning to share relevant information about our philosophies, current educational trends in transition, and how Insight Early Learning supports each child's transition to school.

GRADUATION

We are thrilled to celebrate this special moment as your child reaches an important milestone in their educational journey – preschool graduation!

It's a time filled with joy and pride as we recognise the growth and accomplishments of our young learners. During the graduation ceremony, your child will wear a cap and gown, walk across the stage, and receive a well-deserved graduation certificate. It's a heartwarming occasion that marks the end of their preschool years and the beginning of their adventures in formal schooling.

We invite you, as proud parents and guardians, to join us for this memorable event. It's an opportunity to witness your child's achievements firsthand and create beautiful memories together.



Our School Readiness program offers your child a unique opportunity to attend a comprehensive transition to school program within a flexible environment catering to our families' diverse needs by offering extended hours and including meals as part of the daily fees. You will also have the additional benefit of your children being able to attend our centre from a younger age. This enables us to work together with your family over an extended period, resulting in our educators' sound understanding of your child's strengths, development, interests and supporting your child's sense of belonging.





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Learn more
about our
School
Readiness
Program.

