

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea 8:30 - 10am	Yoghurt & Fresh Seasonal Fruit	Raisin Toast with Fresh Seasonal Fruit & Milk	English Muffins with Fresh Seasonal Fruit & Milk	Crushed Avocado & Ricotta Cheese with Wholemeal Toast & Milk	Baked Beans with Wholemeal Toast & Seasonal Fruit & Milk
Lunch 11am - 1:30pm	Creamy (Bacon), Mushroom, & Broccoli Pasta with Cheese	Beef, Mixed Vegetables, Cannellini Beans (White) & Potato Casserole	Apricot Chicken with Red Lentils, Onions, Carrots, Zucchini with Steamed Rice	Spaghetti Bolognese, Pork & Veal Mince & Brown Lentils, Wholemeal Pasta & Grated Cheese	Pizza with Mushrooms, Pineapple, Tomato, Cheese & Ham (Veg option available)
	Creamy Vegetarian Pasta	Vegetarian Casserole	Apricot, Chickpeas & Vegetables with Steamed Rice	Vegetarian Spaghetti Bolognese	Vegetarian Pizza
Afternoon Tea 2 - 4pm	Fruit with Sundried Tomato Dip & Cucumber Sticks or Cheese Sandwiches on Wholemeal Bread	Pumpkin & Grated Zucchini Muffins with Fresh Seasonal Fruit	Wholemeal Sandwich with Fresh Seasonal Fruit	Hummus with Carrot & Apple Sticks	Corn Cobs or Sweet Potato Wedges
Late Snack 5 - 5:30pm	Crackers & Sultanas	Grated carrot & sultanas, shredded cheese	Cream Cheese & Grated Carrots	Fruit & Vegetable Platter with Hummus	Sultanas & Rice Crackers